

VOLUNTEERING OPPORTUNITIES

Volunteers mainly engage with our customers by offering help with shopping, packing their bags and being a friendly face. There are many different ways you can help us at FreeShop, some examples are:

SERVING IN THE SHOP

Volunteers are asked to restock shelves and serve the customers. Serving our customers involves offering them help while shopping and packing their bags.

STOCK MANAGEMENT

Throughout the week, we receive a number of deliveries and donations. Volunteers are asked to unpack and restock shelves, checking the use by dates carefully.

DELIVERIES

We have a number of customers where travel is an added expense that they simply can not afford. We offer deliveries on a case by case basis. Volunteers who would like to do this but find the cost of fuel a barrier can claim back the money used for petrol.

DONATION COLLECTIONS

We are part of the Co-op food share initiative to reduce food waste, this means that we pick up food that has passed its best before (not use by) and distribute this. We ask volunteers to go to various stores around Crawley and deliver the food to the shop. We often need volunteers to pick up donations from other places too.

WELLBEING COFFEE MORNINGS

We offer wellbeing coffee mornings where we need volunteers to serve refreshments and chat to customers.

SKILLED VOLUNTEERING

We value everyone's skills and talents. If you have a qualification or skill that you think would benefit FreeShop please let us know.

EVENTS

Throughout the year we run a number of events for our customers where we need help in a number of ways, this ranges from helping to set up to running family activities, making refreshments and anything in between!

FUNDRAISING

FreeShop is always needing donations of food or money to buy food! If you have experience or ideas about ways we could raise additional funds we would love to hear from you. This could be a stall at an event, sponsored activities or partnering with schools and local organisations.



Who can become a volunteer ?

We welcome volunteers from all backgrounds. If you are over the age of 16 and have the right to volunteer in the UK, please contact us.

